

Ultrasound Guidelines

Currently, the Raby Institute is only doing Transvaginal & Transabdominal, and full Abdomen ultrasounds. We are not doing anything from the chest up, including breasts, arms/lymph, and thyroid, at this time.

Pelvic Transabdominal, Transvaginal, Urinary Bladder, Urinary Bladder w/ Kidney

Patients should drink 32 ounces of water 30 minutes before their appointment. Patients should refrain from urinating until after the ultrasound appointment.

Food is ok.

Kidney ONLY

No special instructions.

Full Abdomen, (Gall Bladder, Liver, Pancreas, Aorta)

No food or liquids 8 hours before the ultrasound appointment.